



# Tampa Interbay Rotary

Chartered in 1953

**THIS WEEK'S MEETING: THURSDAY, JUNE 22<sup>ND</sup>**

**12:15 P.M. THE CENTRE CLUB,  
123 S. WEST SHORE BLVD., TAMPA**

## This Week's Speaker

Craig Pittman is a native Floridian. Born in Pensacola, he graduated from Troy State University in Alabama, where his muckraking work for the student paper prompted an agitated dean to label him "the most destructive force on campus." Since then he has covered a variety of newspaper beats and quite a few natural disasters, including hurricanes, wildfires and the Florida Legislature. Since 1998, he has covered environmental issues for Florida's largest newspaper, the Tampa Bay Times.

He has won the Waldo Proffitt Award for Distinguished Environmental Journalism in Florida four times, and twice won the top investigative reporting award from the Society of Environmental Journalists.

He is the author or co-author of four books: *Paving Paradise: Florida's Vanishing Wetlands and the Failure of No Net Loss*, (2009), *Manatee Insanity: Inside the War Over Florida's Most Famous Endangered Species* (2010), *The Scent of Scandal: Greed, Betrayal, and the World's Most Beautiful Orchid*, (2012); and *Oh, Florida! How America's Weirdest State Influences the Rest of the Country* (2016), which just won the gold medal for Florida non-fiction from the Florida Book Awards and is a New York Times' Best Seller!



### Tampa Interbay Rotary Club #4275

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### UPCOMING PROGRAMS & EVENTS

- Jun 22** Craig Pittman, author of NY Times Best Seller *Oh Florida!*
- Jun 29** **No Lunch Meeting - Tampa Interbay Rotary Installation Banquet, Tampa Yacht & Country Club**
- Jul 06** **Starting Right Now luncheon – at their facility. More info to come.**
- Jul 13** **Brian Murphy, CEO of ReliaQuest Cyber Security Firm – Challenges of Cybersecurity & Opportunity**
- Jul 20** **Cass Castillo, Statewide Prosecutor – A new idea in Florida**
- Jul 27** **Denise Clemence, Centennial Bank – Small Business Administration loans**

### TAMPA INTERBAY ROTARY OFFICERS AND DIRECTORS 2016 - 2017

President ..... Bart Valdes  
 President-Elect ..... Sherry Perri-Anzalone  
 President Nominee ..... Rob Kraemer  
 Past-President ..... Ken Hopkins  
 Secretary ..... Fred Wallrapp  
 Treasurer ..... Arlin Beachy  
 Sergeant-at-Arms ..... Bob Krueger  
 Foundation Chair ..... Rick Borgstrom

#### Board of Directors

Raquel Ayres  
 Steve Cooper  
 Rainer Harteneck  
 Margaret Roset  
 Doug Smaus

RI President  
John Germ

Zone 34 Director  
Joseph M. Mulkerrin

District 6890 Governor  
Joyce Gunter

Asst. District Governor  
Darren Kipnis

## Summary of the June 15<sup>th</sup> Tampa Interbay Rotary Club Meeting by Steve Kauffman

Bart Valdes, our outgoing President, was all smiles and looked relieved as he anticipated calling to order our meeting with the help of his son, Kyle. Said son led us in the Pledge and in the Rotary Four Way Test, and yours truly share an invocation, thanking the Lord for Bart's outstanding leadership through the year.

We enjoyed our lunch and fellowship.

Sergeant-at-Arms Bob Krueger introduced our guests. In honor of their son, dad and husband respectively, Bob introduced the Valdes family table including Bart's parents, his wife Heidi and two sons, Drew and Kyle. We also welcomed Alex Longest of Lutz and Kevin Gibbons.

As is his custom, Bob kicked off Happy Dollars. Bob Krueger was sitting at a table where all but one were former Club President. He once again reminded us of the very important preparations underway for the Brew HaHa on the 23<sup>rd</sup> of September. Thanks to our sponsors as of today: Bay Capital, Tribute Telecom, North Star Bank, Brennan Investment Group, DSK Law, Rob Kraemer, and RTK Associates.

- Margaret Roset attended another Rotary's District event on their way to the Atlanta for the Rotary International Convention.
- Rob Kraemer thanked President Bart for his wonderful leadership and wished President-Elect Sherry all the best!
- Rainer Harteneck was thankful that the S4TL is underway. He invited us to consider attending the event on Wednesday, June 21<sup>st</sup> at 11 am. This is a wonderful time to support our young people and to become familiar with this life changing leadership development event. Please give Rainer a call if interested.
- Sherry Perri-Anzalone was just back from the Rotary Convention in Atlanta and fired up about all the Rotary possibilities before us. She was overwhelmed by the 40,000-plus Rotarians in attendance from around the world. She also offered her thanks to President Bart for a wonderful year and admitted that "I have a tough act to follow."
- Kyle Valdes got into the act, telling us how much he loved the chocolate cake and cheeseburger he had appa-

rently ordered from our friendly and flexible staff at the Centre Club.

- His dad expressed thanks to his family and to the Club for their support this year. He also shared District Governor Joyce Gunter's Minutarian, filling us in on the festivities in Atlanta. She reminded us that it is the 100<sup>th</sup> Anniversary of the Rotary Foundation.

With that, we focused our attention on Bart's wonderful organized PowerPoint presentation of the Year in Review!

He began from the beginning (a very good place to start!) and reminded us that his year really began as he accompanied 32 other Florida Rotarians to the Rotary Convention in Seoul, Korea. At one time he was a mere nine miles from the border of North Korea. He met Rotary President John Germ and did some site-seeing, including the Blue House (think Korean White House) and one of the Emperor's Temples.

Bart and his wife obviously enjoyed the wonderful food, explaining that they used silver (not plastic or wooden) chopsticks and a spoon. Apparently, because of a chemical reaction, the silver would change in appearance, thus belying to the user someone's attempt to poison them!

Bart shared a short video proving the "fish market live octopus" was really fresh (after chopping, it was still moving as Bart and Heidi put it in their mouths!). Apparently, there is a need for Westerners to understand "Korean toilet etiquette!" Bart had pictures to prove it!

Following Korea, it was off to Thailand. Thailand is a military dictatorship, and woman dress very conservatively. Apparently, you don't leave Chiang Mai without enjoying the elephants up-close and personal.

A quick stop in Japan followed Thailand. Bart simply shared "It was wonderful!"

When Bart arrived home, his Rotary year officially begins in July. He highlighted the following:



- Thanks to Steve Cooper and Ted Hamilton for the wonderful speakers we had this past year. Please continue to support our team with your ideas.
- Bart mentioned the week we had the Rock and Roll band (Ted's son and friends) that caused some commotion at the Centre Club but provided "Good Vibrations" despite it all!
- The Brew HaHa Craft Brew Fund Raiser was an amazing success! Thanks to Jennifer Potter, Fred Wallrapp and those who pioneered what will be another signature event for our Club. We had 400 attendees, 13 Pouring Partners, 26 different beers, and three food trucks. The really good news - \$10,000 went to "Starting Right, Now!"
- What more can we say about Cycling for Autism. Our other signature fund raising event, at Whiskey Joe's on the Causeway and the Courtney Campbell Trail, drew a record number of participants (well over 200) and resulted in \$30,000 given to The Learning Academy and USF. Oh, and Bob K. won the raffle – AGAIN!
- Our Socials were great as ever. They included a great evening at Del Fresco's Grille, the Second Annual Rotary BBQ Cook-off held at Rob Kraemer's, and a private introduction of the new Touchton Map Library with in the Ferman Room on the top floor!
- Our membership continues to climb with 97% membership retention! Our use of Social Media such as Facebook and Twitter have proved to be very important! We once again achieved the Presidential Citation for the Brew HaHa.
- In closing, our President said he returned the flag and bell (missing early in his tenure), made sure fried chicken was again on the menu at the Centre Club, and got one new group photo!

You did a lot more than that, Mr. President Valdes. Thanks for your service above self! The Club stood and applauded Bart's great work!

The raffle was worth \$727! Rob's number was drawn, but alas, no joker! Do we really have a joker in the deck? Come on!

With the help of his son, Kyle, Bart rang the bell and we were off. See you next week!

## Happy Events

**There are no Tampa Interbay Rotary anniversaries or birthdays to celebrate during the next two weeks!**

**Celebrate!!** ... your birthday, wedding anniversary, spouse or child's birthday, etc. by contributing \$1 for each year to the Rotary Foundation. Make your donation via cash or check, payable to Tampa Interbay Rotary (put "Rotary Foundation" in the memo line) and give it to Arlin Beachy or mail it to P.O. Box 320843 Tampa 33679-2843.

Thanks so much!

## Health Tips from Preservion, Inc. *Keeping You "In the Know"* By Cindy A. Krueger, MPH

### Here we go again

Mainstream media, medicine and government share a common thread: all ignore scientific research that promotes health and healing. An example is their continual promulgation that healthy fats are dangerous.

Cholesterol has been a villain for years and the new enemy is coconut oil. The American Heart Association (AHA) released a report advising against the consumption of coconut oil due to its makeup of almost 100% saturated fat, even though this type of fat is compatible with cellular health as is butter, tallow, and lard from grass-fed sources.

Read more... [www.preservion.com](http://www.preservion.com)



# Fun in "Old" Age!!



"My memory really sucks Mildred, so I changed my password to "incorrect." That way when I log in with the wrong password, the computer will tell me... "Your password is incorrect"

[www.yesemails.com](http://www.yesemails.com)

## *Tampa Interbay Rotary Events & Activities*

### **Ongoing Club Activities**

Meals On Wheels - Deliveries in South Tampa every Thursday

Interbay Rotary Socials - Monthly @ various venues

Interact Club @ Robinson High School - Dawn R. Carson is our faculty liaison

### **Upcoming/Annual Club Events**

**Interbay Rotary Installation Banquet - June 29**

Brew HaHa Tampa Bay - September

Holiday Party - December

Metropolitan Ministries Food/Toy Drives - Two weeks prior to Thanksgiving & Christmas

Speech Contest - February

Cycling For Autism 2018 - TBA

NJROTC Pass and Review (graduation) at Robinson High School - TBA

### **District Events**

Rotary Rays Day at Tropicana Field - August

Rotary Day at the Races - March

District Speech Contest - April

S4TL - June

### **International Events**

**Rotary International Convention - June**

